Complete PPE Compliance Checklist

Personal Protective Equipment Inspection & Compliance Guide

Based on OSHA 29 CFR 1910 Subpart I & 1926 Subpart E Requirements

About This Checklist

This comprehensive checklist helps employers and safety managers ensure compliance with OSHA Personal Protective Equipment (PPE) requirements. Use this guide to verify proper selection, training, and use of PPE.

This checklist covers:

- Head protection (hard hats, bump caps)
- Eye and face protection (glasses, goggles, face shields)
- Hearing protection (earplugs, earmuffs)
- Hand and arm protection (gloves, sleeves)
- Foot and leg protection (safety shoes, metatarsal guards)
- Respiratory protection (masks, respirators)
- Fall protection (harnesses, lanyards)

OSHA PPE REQUIREMENTS

Employers must assess the workplace for hazards, select appropriate PPE, provide PPE at no cost to employees, train workers on proper use, and ensure PPE is maintained in sanitary and reliable condition.

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Head, Eye & Hearing Protection

Worksite/Location: _____ Date: _____ Inspector: _____

HEAD PROTECTION (29 CFR 1910.135 / 1926.100)

- ☐ Hazard assessment completed identifying head injury risks (falling objects, bumping, electrical)
- ☐ Hard hats meet ANSI Z89.1 standard (Type I or Type II as required)
- ☐ Class E (electrical) hard hats provided where electrical hazards exist
- ☐ Hard hats inspected for cracks, dents, or deterioration before each use
- ☐ Suspension systems checked and properly adjusted for secure fit
- ☐ Hard hats replaced after any significant impact or per manufacturer guidelines
- ☐ Workers trained on proper wear, adjustment, and care of head protection

EYE & FACE PROTECTION (29 CFR 1910.133 / 1926.102)

- ☐ Hazard assessment completed for eye/face hazards (flying particles, chemicals, radiation)
- ☐ Safety glasses meet ANSI Z87.1 standard with side shields where required
- ☐ Goggles provided for chemical splash, dust, or fine particle hazards
- ☐ Face shields provided for severe exposure (grinding, chemical handling)
- ☐ Welding helmets with proper shade lens provided for welding operations
- ☐ Prescription safety eyewear available for workers who need corrective lenses
- ☐ Eye protection inspected for scratches, cracks, or damage before use
- ☐ Workers trained on selection and use of appropriate eye/face protection

HEARING PROTECTION (29 CFR 1910.95 / 1926.52)

- ☐ Noise exposure assessment completed (monitoring where levels may exceed 85 dBA)
- ☐ Hearing protection provided when TWA exceeds 85 dBA (8-hour average)
- ☐ Earplugs and/or earmuffs meet appropriate NRR (Noise Reduction Rating)
- ☐ Variety of hearing protection options available to fit worker preferences
- ☐ Workers trained on proper insertion/wearing and care of hearing protection
- ☐ Annual audiometric testing provided for workers in hearing conservation program

Hand, Foot & Respiratory Protection

HAND & ARM PROTECTION (29 CFR 1910.138 / 1926.95)

- ☐ Hazard assessment completed for hand hazards (cuts, chemicals, heat, electrical)
- ☐ Appropriate glove types selected for specific hazards (cut-resistant, chemical, insulated)
- ☐ Gloves inspected for holes, tears, or degradation before each use
- ☐ Workers trained on glove selection, limitations, and proper donning/doffing
- ☐ Chemical-resistant gloves matched to specific chemicals being handled
- ☐ Gloves properly sized—not too loose (catch hazard) or too tight (dexterity loss)

FOOT & LEG PROTECTION (29 CFR 1910.136 / 1926.96)

- ☐ Hazard assessment completed for foot hazards (falling objects, punctures, electrical)
- ☐ Safety shoes/boots meet ASTM F2413 standard with appropriate ratings
- ☐ Steel or composite toe protection provided where crushing hazards exist
- ☐ Metatarsal guards provided where required by hazard assessment
- ☐ Puncture-resistant soles provided where sharp objects may penetrate
- ☐ Electrical hazard (EH) rated footwear provided for electrical work
- ☐ Footwear inspected regularly and replaced when worn or damaged

RESPIRATORY PROTECTION (29 CFR 1910.134 / 1926.103)

- ☐ Written respiratory protection program established and implemented
- ☐ Workplace evaluated to identify respiratory hazards and exposure levels
- ☐ NIOSH-approved respirators selected appropriate for specific contaminants
- ☐ Medical evaluations completed before workers are fit-tested
- ☐ Annual fit testing conducted for all tight-fitting respirator users
- ☐ Workers trained on respirator use, limitations, and maintenance
- ☐ Respirators properly stored, inspected, and maintained per program

Fall Protection & Additional PPE

FALL PROTECTION (29 CFR 1910.140 / 1926.502)

- ☐ Fall hazard assessment completed for work at heights (6 ft construction / 4 ft general industry)
- ☐ Personal fall arrest systems (harness, lanyard, anchor) meet ANSI Z359.1
- ☐ Full-body harnesses inspected before each use for cuts, burns, or damage
- ☐ Lanyards and self-retracting lifelines inspected and within service life
- ☐ Anchor points capable of supporting 5,000 lbs per worker attached
- ☐ Workers trained on proper use, inspection, and limitations of fall protection

HIGH-VISIBILITY APPAREL (ANSI/ISEA 107)

- ☐ Hazard assessment identifies need for high-visibility apparel (traffic, equipment areas)
- ☐ High-visibility vests/clothing meet ANSI/ISEA 107 Class 2 or Class 3 as required
- ☐ Reflective striping intact and visible; garments replaced when faded or damaged
- ☐ Workers near vehicle traffic or equipment wear high-visibility apparel at all times

BODY & SKIN PROTECTION (29 CFR 1910.132)

- ☐ Hazard assessment identifies body protection needs (chemicals, heat, cuts)
- ☐ Appropriate protective clothing selected (coveralls, aprons, chemical suits)
- ☐ Flame-resistant clothing provided where fire or arc flash hazards exist
- ☐ Chemical-resistant suits/aprons matched to chemicals being handled
- ☐ Protective clothing inspected for tears, holes, or contamination before use

PPE PROGRAM REQUIREMENTS

- ☐ Written hazard assessment for workplace completed and certified
- ☐ PPE provided to employees at no cost (except everyday clothing/shoes in some cases)
- ☐ PPE training documented for each employee before initial use
- ☐ Retraining provided when hazards change or employee demonstrates lack of understanding
- ☐ Defective or damaged PPE removed from service immediately
- ☐ PPE properly cleaned, maintained, and stored when not in use

Deficiencies & Certification

DEFICIENCIES OR CORRECTIVE ACTIONS NEEDED

CORRECTIVE ACTION PLAN

Deficiency	Corrective Action	Responsible Party	Due Date

Compliance Status: ☐ COMPLIANT ☐ CORRECTIVE ACTIONS NEEDED ☐ NON-COMPLIANT

Inspector Certification

I certify that I have inspected the PPE program and equipment as indicated above and that appropriate PPE has been selected for all identified hazards in accordance with OSHA requirements.

Name (Print): _____ Signature: _____ Date: _____

Title: _____ Next Review Date: _____